DETERMINATION OF NUTRITIONAL STATUS WITH DARKFIELD MICROSCOPY LIVE BLOOD ANALYSIS

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Abstract

Determination of nutritional status of one person from only one drop live blood for short period of time is method of live blood analysis. Life blood analysis uses a drop of native blood from the person's finger and then viewed under a compound microscope using Darfield condenser. Under a Darkfield microscope, the blood is stained with light frequencies rather than chemicals, so the blood remains alive and active, allowing the viewer to see live red blood cells, white blood cells moving, also platelets, crystal formations in plasma, blood proteins (fibrinogen strands), bacterial forms, fungal forms and other toxins.

This paper presents results from analysis method with Darkfield microscopy of native blood of two persons. One with Diabetes Mellitus type2 (Case 1), with insulin therapy and the second person is a Sportswoman (Case 2), who is casein intolerant, and have fatigue symptoms.

The results for investigated cases are following: In case 1 was found: erythrocytes aggregation, fibrinogen strands in plasma, plasma colloids and symplasts with toxins from the environment, food or undigested food particles, cholesterol crystal formations, poor digestion. In case 2 were found: erythrocytes in rouleaux with rare acanthocytes, dehydration and oxidative stress. We also found decreased number of neutrophils that are hyper segmented, eosinophils appeared very bright and shiny. And there were also pseudo crystals from undigested proteins.

This visual method allows the nutritionist and the client to see the blood in its living form. Seeing their own blood live is a confirmation and a realization that the choices they make in everyday diet impact in maintaining their homeostasis. Live blood microscopy is a powerful tool for nutritionists to recommend adequate food intake and diet protocol for every individual.

***Key words**: Live blood, Microscopy, Darkfield, Nutrition, Evaluation, Deficiencies, Food, Diet.*